



## ***Nunda Ambulance Information Sheet Tips***

*If you are elderly, have chronic injuries/illness, or have a loved one with either of these conditions, it would be helpful if you could have the medical information sheet (page 1) typed or printed neatly to expedite the emergency process. This does not have to be done, but we must ask these questions for effective care and transport.*

### ***TIPS:***

- 1. After you fill out the sheet, make several copies to give to the people making the call each time.*
- 2. Keep in a place where everyone knows where they are; perhaps a purse or wallet when traveling, near the door of your house that you would probably be transported out of, or on the refrigerator.*
- 3. Keep up with the medication changes. Cross out non-used ones and print in new medications. Put dosage and times taken, on the sheet.*
- 4. If you have a DNR form or MOLST form (pink form), please put it in the envelope also.*